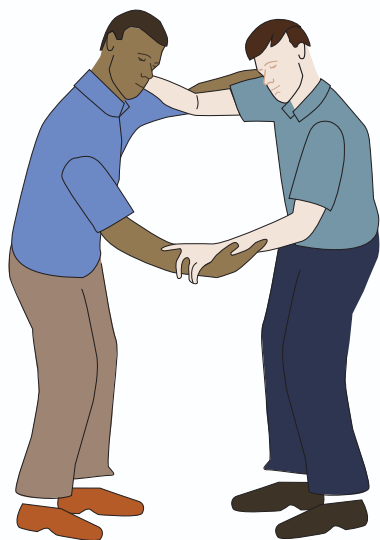


# Lifts & Carries without ADAPTS



### Two Handed Chair Carry



### Carry by Extremities



### Packstrap Carry



### Chair Carry

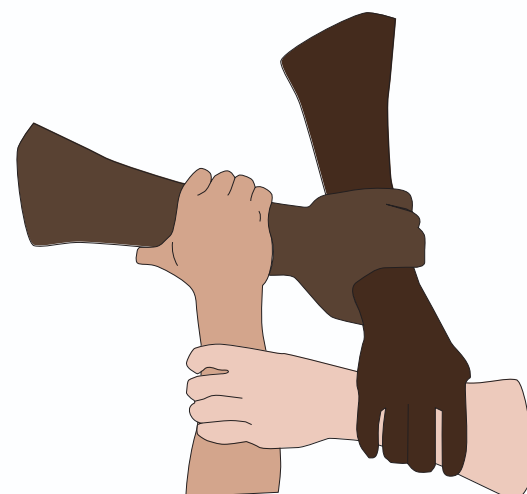


### Walking Assist



### Packsaddle

Each bearer grasps one of his wrists and one of the other bearer's wrists, thus forming a packsaddle.



# Lifts & Carries with ADAPTS



**Single File Down an Aisle**



**Side-By-Side in Corridors**



**Head Support with Three Rescuers**



**Four Person Rescue**

